

ST. CECILIA'S PARISH

1st Sunday of Lent

February 21 22



HE FASTED
forty days

AND FORTY NIGHTS

MATTHEW 4:2

**YOU
ARE
called**
CATHOLIC RENAISSANCE
YOU MATTER.
YOU BELONG.

**LIVING
Lent** + THE FIRST
SUNDAY OF LENT

MASS TIMES & PARISH INFO

321 90 Avenue SE Calgary, AB T2J 0A1 Phone: 403-252-2790
Website: www.stceciliacalgary.com Email: office@stceciliacalgary.com

Parish Priest:

Fr. Derek Remus
derek.remus@calgarydiocese.ca

Administrative Assistant:

TBD

Sacramental Coordinator:

Kelly Sereda
sacraments@stceciliacalgary.com

Music Director:

Ross N. Ferby
ross@stceciliacalgary.com

Are you new to our parish?

Welcome! If you have been coming consistently for 6 months or more, please pick up a registration form from our Information Desk in the foyer.

Weekend Masses | Weekday Masses

Saturday 5pm **Tues to Saturday 9 am**
Sun 9am & 11am **First Friday 7 pm (no 9 am Mass)**

Confessions

Tues to Sat 8:15 - 8:45 am
Saturday 3 - 4:30 pm | Sunday 8 - 8:30 am
or by appointment



Adoration

Fridays 9:30am - 6pm
First Friday: 9am - 6pm

Office Hours

Tues to Fri 9am - 4pm
Closed from 12 – 1pm

Stations of the Cross

Every Friday during Lent @ 7 pm.

*Confessions will be heard **before** the Stations from 6-6:45 pm and **after** the Stations.*

Monthly Cake

Please join us in the hall after Mass this weekend for cake, coffee & Juice to Celebrate Birthdays and Wedding Anniversaries for the Month of February. This month's cakes are sponsored by Ma Kristina Gregorio. If you would like to sponsor cakes for a particular month, the cost is \$150. We look after picking up the cakes and serving them.

40 Days for Life

This Lent, our parish is participating along with many other churches in 40 Days for Life, an international effort to promote respect for the sanctity of human life through prayer, fasting, community outreach, and peaceful vigils near abortion clinics. We are looking for volunteers from our parish to participate in 40 Days for Life by praying near the Kensington abortion clinic on **Thursday, March 5 from 12 - 4 pm** and **Thursday, March 26 from 12 - 4 pm**. For more information, please see the bulletin board in the narthex next to the religious goods store.

BAPTISM CLASSES

Email: sacraments@stceciliacalgary.com to register.

- Saturday March 7 at 9:30 AM
- Saturday April 11 at 9:30 AM

If you know of a parishioner who is homebound and in need of the Sacraments, please call the parish office:
(403) 252-2790.

Mass Intentions



Saturday February 21st

9:00am: **Jaubran Habash** birthday blessings

5:00pm : **Fr. Lukas Drapal** Birthday Blessings

Sunday February 22nd

9:00 am : **Makenna Andre** Birthday blessings

11:00 am **All parishioners, living & deceased**

Tuesday, February 24th

9:00 am **Katelyn D'Souza** 10th Birthday

Wednesday, February 25th

9:00 am †**Rommel & Ofelia Latorena**

Thursday, February 26th

9:00 am † **Marie-Anne & Oliver McGuire**

Friday, February 27th

9:00am: † **Nicola Pagliaro**

Saturday February 28th

9:00am: † **John Wojtowicz**

5:00pm : † **Milagro Sotto & Tito Bungabong**

Sunday March 1st

9:00 am : **James & Spencer Belot**

11:00 am **All parishioners, living & deceased**

Mass Readings

Saturday, February 21

Isaiah 58.9-14

Luke 5.27-32

Sunday February 22

Genesis 2.7-9, 16-18,25;

3.1-7

Romans 5.12-19

Matthew 4.1-11

Monday, February 23

Leviticus 19.1-2, 11-18

Matthew 25.31-46

Tuesday, February 24

Isaiah 55.10-11

Matthew 6.7-15

Wednesday, February 25

Jonah 3.1-10

Luke 11.29-32

Thursday, February 26

Esther 14.1, 3-5, 12-14

Matthew 7.7-12

Friday, February 27

Ezekiel 18.21-28

Matthew 5.20-26

Saturday, February 28

Deuteronomy 26.16-19

Matthew 5.43-48

Sunday March 1

Genesis 12.1-4, 16

2 Timothy 1.8-10

Matthew 17.1-9

The Splendor of Chastity:

Living the Virtue of Holy Purity in Today's World

A Presentation by Fr. Derek Remus

Where: St. Cecilia's Church

When: Thursday, March 12 @ 7 pm

The idea of chastity in today's world is often belittled, attacked, or misunderstood. The truth, however, is that chastity is necessary for everyone in order to be whole and free. In this presentation, Fr. Derek will speak about what chastity is and how to live it out in today's world. He will also speak about the Angelic Warfare Confraternity, a spiritual community of Christ's faithful for the pursuit and promotion of the virtue of chastity under the patronage of St. Thomas Aquinas.



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We live lives that are packed with activities and busyness. This keeps our hearts distracted from our relationship with God, our families and others in our lives who need our love. During this month, we can begin to prepare our hearts by asking ourselves how Lent can be different for us this year.



Got bottles for refunding?

We have a large, marked wooden box in the hall where the double doors are for those who wish to donate their bottles. All the refunds collected from these donations support our Youth Group. Please rinse bottles before donating.

Workshop for Extraordinary Ministers of Holy Communion

Tuesday, Feb. 24 @ 7 pm

This workshop is required for all new and existing Extraordinary Ministers of Holy Communion. If unable to attend, please notify the parish office.

Workshop for Lectors

Thursday, March 5 @ 7 pm

This workshop is required for all new and existing Lectors. If unable to attend, please notify the parish office.

Book Club

St. Cecilia's Book Club will have its next meeting on **Thursday February 26th @ 11 am in the Library.** We have begun reading St. Francis de Sales' *Introduction to the Devout Life*, a spiritual classic written for laypeople. New members are welcome.

First Friday Mass with St. John Choir Schola

On Friday, March 6, the St. John Choir Schola (SJCS) will visit St. Cecilia's Parish to sing at a Mass celebrated by Fr. Derek at 12 pm. SJCS is an academic program that offers homeschooling students a Catholic classical education and formation in choral music. All parishioners are welcome to attend the Mass.

Getting Connected to Formed.org

The Parish Renewal Team will be available in the narthex after all weekend Masses during Lent to assist anyone that would like to be connected to **Formed.org**. This is an online platform that gives you a repository of Catholic books, movies, articles, programs & podcasts. Formed.org is known as the "Catholic Netflix." Our parish has a subscription to Formed, which means that it is available to all parishioners for free.



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		Room Bookings
Mon	Feb 23	
Tue	Feb 24	9:30am Bible Study (BdRoom) 7 pm SVDP (BdRoom) 7pm RCIA (Library)
Wed	Feb 25	
Thu	Feb 26	7 PM Confirmation Class 5 (Aud) 7PM Couples for Chirst (Hall)
Fri	Feb 27	3pm Divine Mercy
		5:30pm Legion Mary (BdRoom)
Sat	Feb 28	
Sun	Mar 1	

Our schools:

Fr. Derek visits all 3 of our schools monthly.



St. Matthew School

Monthly Newsletter

<https://stmatthew.cssd.ab.ca/newsletters>



St. Cecilia School

Weekly Newsletter

<https://secure.smore.com/n/84rf1>



Playground Donation Link:

<https://app.etapestry.com/onlineforms/>



St. William School

Monthly Newsletter

<https://stwilliam.cssd.ab.ca/newsletters>

CWL

**Members are kindly reminded
that annual membership renewals are due this
month.**

WANTED:

KOFC

Men who would like to make a difference!

Len White: 403-271-6055
or fs4878@kofc.ab.ca

Knights of Columbus



In the spirit of the Jubilee Year proclaimed by Pope Francis last year, our Diocese is launching a matching financial campaign for parishes called, **Multiply the Hope.**

Once our parish has fulfilled all of its financial obligations for the year (i.e. our budget and Together in Action), every dollar contributed **to strengthen our repairs and maintenance fund** will be matched dollar-for-dollar, up to our parish goal. The campaign lasts until the end of 2027.

Our goal for this matching program is \$158,425. This means that every contribution toward this goal has twice the impact.

Find out more about this campaign at
www.catholicyc.ca/multiplythehope

Pastor's Message

"My son, if you come forward to serve the Lord, prepare yourself for temptation" (Sirach 2:1). In the Gospel of the First Sunday of Lent, Jesus is "led by the Spirit into the wilderness to be tempted by the devil." Through His victory over temptation, Christ teaches us how to be victorious over temptation as well. Each time He is tempted, Jesus invokes Sacred Scripture, the Word of God.

In the late fourth century A.D., a monk named Evagrius of Pontus wrote a work called *Talking Back* (*Antirrhētikos* in Greek), a kind of spiritual combat-book containing over 500 passages from Scripture with which to "talk back" to the demons when they tempt us. Here are some examples:

Against thoughts of gluttony - "Athletes exercise self-control in all things; they do it to receive a perishable wreath, but we an imperishable one" (1 Cor. 9:25).

Against thoughts of lust - "Know therefore this day that He who goes over you as a devouring fire is the Lord your God; He will destroy them and subdue them before you; so you shall drive them out, and make them perish quickly" (Deut. 9:3).

Against the love of money - "Wealth does not profit us on the day of wrath, but righteousness delivers from death" (Prov. 11:4).

Against thoughts of sadness - "The Lord is my light and my salvation; whom shall I fear?" (Psalm 27:1).

Against thoughts of vainglory - "If I were still pleasing men, I would not be a servant of Christ" (Galatians 1:10).

Against thoughts of pride - "For all who exalt themselves will be humbled, and those who humble themselves will be exalted" (Luke 14:11).

With the Word of God, we can drive the devil away!

(Note: In some of his other writings, Evagrius unfortunately fell into certain errors, which the Church later condemned as heretical.)

Apostles' Creed during Lent and Easter

The Roman Missal indicates that the Apostles' Creed is especially suitable during Lent and Easter. This is because Lent and Easter are closely connected to Baptism, and the Apostles' Creed is the ancient baptismal symbol of the Roman Church. We will therefore recite the Apostles' Creed during Lent and Easter and resume reciting the Nicene Creed after Pentecost.



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